



Senior Chair Yoga

Lower Blood Pressure - Relaxation - Strengthen Muscles



Classes Begin On:

Wednesday, August 2, 2017

Classes End On:

Wednesday, September 6, 2017

Time:

3:15PM to 4:00PM

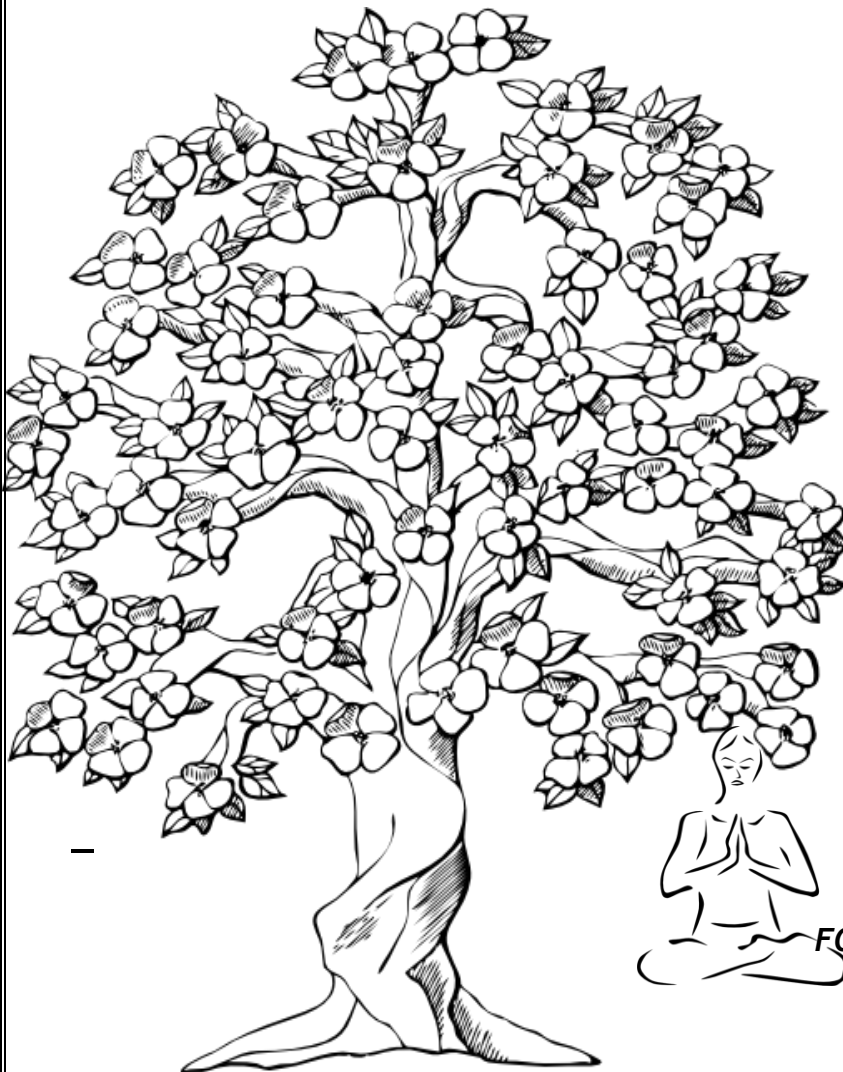
Fee Per Session:

Res: \$45 Non Res: \$55
(6 weeks per session)

Location:

Cultural Center
151 Civic Center Way
Royal Palm Beach, FL 33411

FOR MORE INFO CALL: 561-790-5149



Yoga - An all around feeling of Well Being!

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