



Senior Chair Yoga

Lower Blood Pressure - Relaxation - Strengthen Muscles



Classes Begin On:
Wednesday, September 13, 2017

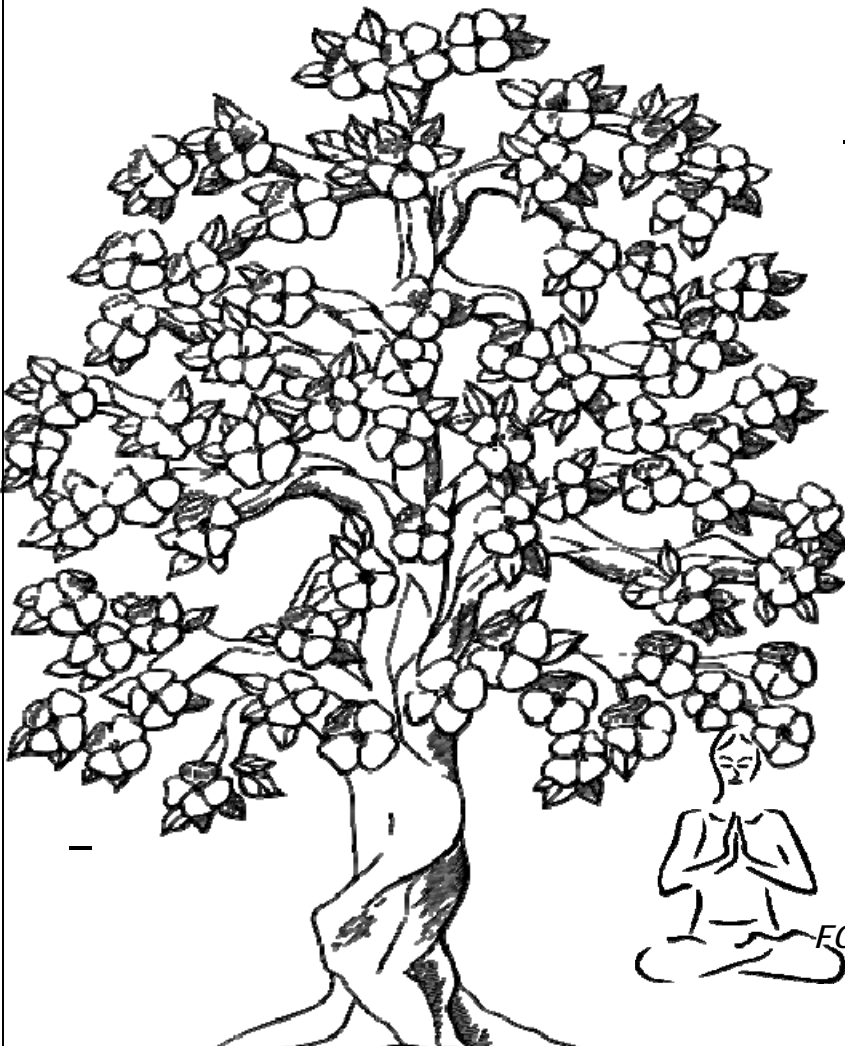
Classes End On:
Wednesday, October 18, 2017

Time:
3:15PM to 4:00PM

Fee Per Session:
Res: \$45 Non Res: \$55
(6 weeks per session)

Location:
Cultural Center
151 Civic Center Way
Royal Palm Beach, FL 33411

FOR MORE INFO CALL: 561-790-5149



Yoga - An all around feeling of Well Being!

