**YOUTH VOLLEYBALL RULES FOR 2016**

1. All rules fall under the jurisdiction of the NFSHSA (High School rules), unless otherwise noted. **Recreation staff is authorized to ask any person to leave the Recreation Center or Crestwood Middle School due to unacceptable conduct.**

2. Each match will be 4 sets: Each set will be to 25 (must win by 2); if a fifth set is necessary it will go to 15.

3. **Mandatory Player Rule:**
   A. Every player must play 2 full sets
   B. If this is not met, the game can be forfeited

4. Teams may practice twice per week during the pre-season. After season games have begun, teams are limited to a maximum of three (3) events per week (i.e., 2 games and 1 practice). Practices should not exceed one hour during the season.

5. **The Scorekeepers and Officials maintain the “official score.”** The “paper score sheet” record maintained by the scorekeeper overrides all scoreboard information, which is used as a visual aide only. Should a spectator have a question concerning the posted score, he/she should speak to the on-site Recreation Leader.

6. Each team is allotted **two (2) time-outs per set.** Each Timeout will be 1 minute.

7. Coaches are responsible for the conduct of their parents and fans as well. Spectators can also be assessed technical fouls for unsportsmanlike conduct, which will affect their team. Spectators who are assessed a technical foul must leave the gymnasium; refusal to do so will result in a team forfeit.

   Coaches are responsible for their behavior in the Rec Center before and after a game. If there is misconduct those coaches will be open to potential penalties.

   Anyone that is ejected from the Gym or from the game will be suspended for at least the next 2 games at the discretion of the Program Supervisor. Players, Coaches, and/or Spectators are subject to this rule.

   There is no tolerance for fighting. It will be an automatic ejection from the season.

8. Teams must be prepared to begin play at game time. **Team must be IN THE GYM at their posted game time.** If team is not in the Gym at game time, the game can be forfeited.

   Exception: For the first evening game scheduled: If a team is not ready to play at the posted “game time” a five (5) minute grace period will be issued. A five-minute running clock will be started and if the team is still not ready to play at the conclusion of the five minutes, the game will be declared a “forfeit”.

9. **No Food Or Drink Is Allowed In The Gymnasium.** If your team is in violation, a technical foul will be assessed. An area just outside the gym will be designated for “personal drinks.”

10. Prior to the first game, Coaches’, players’, and parents’ **Code of Ethics** must be signed and submitted to the Recreation Leader, in order for the team to receive their uniforms.

11. No one other than Officials, players, and Village Staff involved in the current game is allowed on the court before, during, or after the game: All Coaches must remain inside the coaching boundaries in front of their bench and, otherwise “off” the court. Only the Coach, Assistant Coach and players are allowed to use the bench during game time.

12. All players are required to wear **black shorts** while participating in games. This uniform requirement must be followed or teams may be penalized. Shorts must be pulled up to the natural waist, with shirts and strings tucked in.

13. Knee-pads are not required, however they are recommended.

14. Non-marring, closed-toed **athletic shoes** are required while participating in gym activities. This rule also applies to Coaches who are on any section of the gym floor. Headbands, wristbands and T-shirts underneath the jersey must be the **same color as the jersey** (not the number). The headbands or wristbands **must be worn according to their intended purpose and location on the body,** and cannot be worn, for example on the biceps. Players may not wear jewelry.
15. No personally-owned Volleyballs are allowed in the gymnasium on game days. Only the balls issued by the village to the coach should be taken into the gym.

16. Fans may only cheer positively. No “negative comments,” yelling or “feet stomping” is allowed at any time. Players may not “trash talk.” During Serves, the gym will be kept quiet. Players may not say anything to distract the server. Officials may stop the game to warn fans/coaches/players about any misconduct of this kind.

### Additional Game-play rules

1. Foot Faults will be called on all serves.

2. During serve receive players cannot attack the serve.

3. 11 and 12 year olds will have a serving line at 27’

4. Coaches will be required to turn in a lineup card to the score table before each set starts.